

Mental Health Resources Directory

East Palestine Health Research Program | For Study Participants

Ohio (Columbiana / Mahoning / Trumbull Counties & Guernsey County/Cambridge Area)

Western Pennsylvania (Lawrence & Beaver Counties)

IMPORTANT: If you or someone you know is in immediate danger, call 911.

For mental health crises, call or text 988 anytime - 24 hours a day, 7 days a week, free & confidential.

Disclaimer: This list is provided by the East Palestine Train Derailment Health Research Program to aid in location of external community mental health resources. The East Palestine Train Derailment Health Research Program and University of Kentucky do not endorse any specific organizations or resources on this list. The following offices are included because they offer several locations throughout the region, serve multiple ages, and accept a variety of insurance types (most including Medicaid). This directory is for informational purposes only. Please verify provider availability and insurance acceptance directly with each provider.

SECTION 1 — CRISIS LINES & NATIONAL RESOURCES (Available 24/7)

These resources are available to everyone — residents, family members, and first responders — at any time.

RESOURCE	HOW TO REACH
988 Suicide & Crisis Lifeline	Call or text 988 (24/7, free, confidential) — Available in English and Spanish
Crisis Text Line	Text HOME to 741741 (24/7, free, confidential)
First Responder-Specific Crisis Text	Text FRONTLINE to 741741 (connects to trained first responder counselors)
National Safe Call Now – First Responders & Family	Call 1-206-459-3020 (24/7, confidential – for all public safety employees & families)
International Critical Incident Stress Foundation (ICISF) Hotline	Call 1-410-313-2473 (24/7 – emergency hotline for locating a CISM team)
SAMHSA National Helpline – Mental Health & Substance Use	Call 1-800-662-4357 (24/7, free, confidential treatment referrals)
Veterans Crisis Line	Call 988, then press 1 — or text 838255 (24/7)
Ohio Crisis Text Line	Text 4HOPE to 741741 (connects to an Ohio Crisis Counselor)
Help Network of Northeast Ohio – WarmLine (Peer Support)	Call 1-866-303-7337 (Mon–Fri, 4 PM–11 PM — Mahoning, Columbiana, Trumbull & Ashtabula Counties)

SECTION 2 — OHIO MENTAL HEALTH PROVIDERS**2A — Mental Health Providers: Columbiana, Mahoning & Trumbull Counties, OH**

PROVIDER / ORGANIZATION NAME	ADDRESS	PHONE NUMBER
Akron Children's Hospital – Pediatric Psychiatry/Psychology	6614 Southern Blvd., Bldg. E., Boardman, OH 44512	(330) 543-5015
Allied Behavioral Health Services, Inc. (Dr. Ronald Richards)	253 S. Canfield Niles Rd., Suite 3030, Austintown, OH 44515	(330) 797-8800
Apex Psychological Care & Memory Center – Carla Arlien, PhD (Neuropsychologist)	819 Southwestern Run #2, Poland, OH 44514	(330) 953-1354
Alta Group (formerly D & E Counseling)	711 Belmont Ave., Youngstown, OH 44502 142 Javit Court, Austintown, OH 44515	(330) 793-2487
Belmont Pines Hospital	615 Churchill Hubbard Rd., Youngstown, OH 44505	(330) 759-2700
Center for Behavioral Health	725 Boardman Canfield Rd., Bldg. D, Youngstown, OH 44512	(330) 783-9690
Churchill Counseling	4531 Belmont Ave., Suite 8, Youngstown, OH 44505 3649 Canfield Rd., Youngstown, OH 44511	(330) 759-3040 (330) 270-3040
Coleman Professional Services	611 Belmont Ave., Youngstown, OH 44502 103 W. Market St., Warren, OH 44481	(330) 744-2991 (330) 394-8831
Community Action Agency of Columbiana County – Behavioral Health	7880 Lincole Pl., Lisbon, OH 44432	(330) 424-5686
Compass Family & Community Services	535 Marmion Ave., Youngstown, OH 44502	(330) 782-5664
Comprehensive Behavioral Health	104 Javit Court, Youngstown, OH 44515 321 W. 5th St., East Liverpool, OH 43920 1995 E. State St., Salem, OH 44460	(330) 797-4050 (330) 385-8800 (330) 332-7294
Comprehensive Psychiatry Group	955 Windham Court, Suite 2, Youngstown, OH 44512	(330) 726-9570
Counseling Center of Columbiana County	40722 State Route 154, PO Box 429, Lisbon, OH 44432	(330) 424-9573
Family Recovery Center	964 North Market Street, Lisbon, OH 44432	(330) 424-1468
Generations Behavioral Health Hospital	196 Colonial Dr., Youngstown, OH 44505	(234) 232-7500
GreenTree Counseling Center, Inc.	430 Franklin St. SE, Warren, OH 44483	(330) 372-2200
Insight Clinical Counseling and Wellness	678 East Taggart St., East Palestine, OH 44413 840 East Park Ave., Columbiana,	(330) 397-6007

PROVIDER / ORGANIZATION NAME	ADDRESS	PHONE NUMBER
	OH 44408 11492 Youngstown-Pittsburgh Rd., New Middletown, OH 44442	
Jewish Family Services of Youngstown	505 Gypsy Lane, Youngstown, OH 44504	(330) 746-7929
Leading Lantern Counseling and Consulting	1120 Village Plaza, Columbiana, OH 44408	(330) 482-3974
Meridian Healthcare	527 N. Meridian Rd., Youngstown, OH 44509	(330) 797-0070
Mercy Health Behavioral Hospital	3170 Belmont Ave., Youngstown, OH 44505	(234) 418-6000
Mettā Wellness	1 S. Main St., Suite 103, Columbiana, OH 44408	(330) 257-7547
Nabila L. Sargious, MD	3755 S. Raccoon Rd., Canfield, OH 44406	(330) 793-5566
Nancy A. Bleggi, MSEd, LPCC-S	319 N. Main St., Columbiana, OH 44408	(330) 515-7308
New Vision Behavioral Health Services	80 E. Midlothian Blvd., Youngstown, OH 44507	(330) 234-5251
Pathways of Ohio Counseling Services	58 S. Main St., Suite 4, Poland, OH 44514	(330) 921-8308
Preferred Care Counseling	3292 Stones Throw Ave., Poland, OH 44514	(330) 757-3975
PsyCare, Inc.	997 Boardman-Canfield Rd., Boardman, OH 44512 8577 E. Market St., Warren, OH 44484 2980 Belmont Ave., Youngstown, OH 44505 15303 State Route 170, East Liverpool, OH 43920 520 Youngstown-Poland Rd., Struthers, OH 44471	(330) 758-0101 (330) 856-6663 (330) 759-2310 (330) 318-3078 (330) 385-1000
Rita Vennetti, MSEd, LPCC-S, CCTP-II	Columbiana, OH 44408	(330) 516-1096
Serenity Center of Youngstown	3657 Mahoning Ave., Austintown, OH 44515	(330) 965-9999
Trauma Therapy Company	6960 Market St., Unit 4, Youngstown, OH 44512	(234) 600-8200
Treat Yourself Center for Holistic Health – Marilyn T. Burns, LPCC	837 Boardman Canfield Rd., Youngstown, OH 44512	(330) 331-5629
Travco Behavioral Health	8261 Market St., Boardman, OH 44512 2671 Youngstown Rd. NE, Warren, OH 44484	(330) 286-0050
Turning Point Counseling Services	420 Youngstown Poland Rd., Struthers, OH 44471	(330) 755-2147
Valley Counseling Services	150 E. Market St. (Adult), Warren, OH 44481 318 Mahoning Ave. (Children), Warren, OH 44483 5500 Market St., Suite 110, Boardman, OH 44512	(330) 759-8237 (330) 395-9563 (330) 750-7279

2B — Substance Use / Addiction Recovery Providers: Columbiana, Mahoning & Trumbull Counties, OH

PROVIDER / ORGANIZATION NAME	ADDRESS	PHONE NUMBER
Bright View Health	930 Trailwood Dr., Boardman, OH 44512	(888) 502-4571
Family Recovery Center	964 North Market Street, P.O. Box 464, Lisbon, OH 44432	(330) 424-1468
Glenbeigh of Niles	29 North Rd., Niles, OH 44446	(330) 652-6770
Meridian Healthcare	527 N. Meridian Rd., Youngstown, OH 44509	(330) 797-0070
New Day Recovery	Offices in Mahoning, Trumbull & Columbiana Counties	(330) 953-3300
Pinnacle Treatment Centers	3622 Belmont Ave., Youngstown, OH 44505	(234) 719-1885
Restore Compassionate Care	725 Boardman-Canfield Rd., Unit 1, Youngstown, OH 44512	(330) 330-8655

2C — Mental Health Providers: Guernsey County / Cambridge, OH Area

PROVIDER / ORGANIZATION NAME	ADDRESS	PHONE NUMBER
Cambridge Counseling Center	1225 Woodlawn Ave., Cambridge, OH 43725	(740) 201-2522
Guernsey County Mental Health & Recovery Board	909 Wheeling Ave., Cambridge, OH 43725	(740) 439-9300
Guernsey Health Choices, Inc.	1009 Steubenville Ave., Cambridge, OH 43725	(740) 439-4532
Integrated Services for Behavioral Health (ISBH)	1225 Woodlawn Ave., Suite 101, Cambridge, OH 43725	(740) 300-0339
Mid-Ohio Behavioral Health	1225 Woodlawn Ave., Cambridge, OH 43725	(740) 201-2522
Allwell Behavioral Health – Walk-In NOW Urgent Care	831 Wheeling Ave., Cambridge, OH 43725 (no appointment needed)	(740) 432-1800
OhioHealth Southeastern Medical Center	1341 Clark St., Cambridge, OH 43725	(740) 439-8000
People to People Counseling Services	200 E. Wheeling Ave., Cambridge, OH 43725	(740) 200-4004
Southeast Healthcare (Southeast Counseling)	527 Wheeling Ave., Cambridge, OH 43725	(740) 439-4428
Southeastern Ohio Counseling Center	239A Old National Rd., Lore City, OH 43755	(740) 489-5571
Jeff Collier, LPCC-S	60330 Southgate Rd., Byesville, OH 43723	(740) 728-7605
Jessica Rooker, LISW	Online service only	(740) 520-9146

SECTION 3 — WESTERN PENNSYLVANIA MENTAL HEALTH PROVIDERS

3A — Lawrence County, PA

PROVIDER / ORGANIZATION NAME	ADDRESS	PHONE NUMBER
Angelus Therapeutic Services	143 East Wallace Ave., New Castle, PA 16101	(724) 654-9555
Arise (formerly Rape Crisis/Domestic Violence Line)	1218 W. State St., New Castle, PA 16101	(724) 652-9036
Blue Archer Counseling	3103 Wilmington Rd., New Castle, PA 16105	(724) 944-5810
Christian Counseling Associates of Western PA	530 Blackhawk Rd., Beaver Falls, PA 15010	(724) 346-4510
Community Alternatives	700 South Scotland Lane, New Castle, PA 16101	(724) 652-2211
Compassion Mental Health Services (CMHS)	11 Shenango Rd., New Castle, PA 16105	(724) 856-8620
Comprehensive Family Services	2703 West State St., New Castle, PA 16101	(800) 630-2237
Cornerstone Counseling Services	316 5th St., Ellwood City, PA 16117	(724) 758-4621
Douglas A. Bogdan, Psy.D., LCSW	127 Enclave Dr., New Castle, PA 16105	(724) 658-5757
Family Psychological Associates	2415 Wilmington Rd., New Castle, PA 16105	(724) 658-1166
Foundations Behavioral Health Services	2716 Mercer Rd., New Castle, PA 16105	(724) 657-5544
Human Services Center (Main / Crisis Line)	130 West North St., New Castle, PA 16101	Main: (724) 658-3578 Crisis: (724) 652-9000
Lawrence County Mental Health & Wellness (Dr. Michael McMullen)	3411 Wilmington Rd., New Castle, PA 16105	(724) 856-3167
New Day Counseling & Psychiatric Services	1301 E. Washington St., New Castle, PA 16101	(724) 923-6124
New Wilmington Psychotherapy and Counseling	211 West Neshannock Ave., New Wilmington, PA 16142	(724) 901-0901
People In Need (PIN)	2703 West State St., New Castle, PA 16101	(724) 657-3303
Psych Med Associates	26 Nesbitt Rd., Suite 253, New Castle, PA 16105	(724) 652-2323
Safe Harbor Behavioral Health	320 N. Mercer St., New Castle, PA 16101	(724) 657-3575
Woodside Professional Counseling	226 5th St., Ellwood City, PA 16117	(724) 752-0116

3B — Beaver County, PA

PROVIDER / ORGANIZATION NAME	ADDRESS	PHONE NUMBER
A & A Psychological Services	219 3rd St., Beaver, PA 15009	(724) 561-6382
Beaver County Behavioral Health	1070 8th Ave., 2nd Floor, Beaver Falls, PA 15010	(724) 891-2827
Beaver County Pathways Behavioral Health and Wellness Center	1098 Kennedy Dr., Ambridge, PA 15003	(724) 385-0588
Center for Psychological Wellness	300 S. Walnut Ln., Beaver, PA 15009	(724) 888-3317
Christian Counseling Associates of Western Pennsylvania	995 Elmira St., Monaca, PA 15061	(724) 359-2405
Clarity Counseling, LLC	1205 Gringo Rd., Aliquippa, PA 15001	(844) 216-1141
Clarvida – Professional Psychiatric Services	150 Pleasant Dr., Suite 201, Aliquippa, PA 15001	(724) 888-2097
Cornerstone Wellness Center	500 Market St., Suite 202, Beaver, PA 15009	(724) 371-0177
Glade Run Lutheran Services – Outpatient Counseling	1008 7th Ave., Suite 210, Beaver Falls, PA 15010	(724) 843-0816
JP Counseling & Associates, LLC	500 Market St., Suite 200B, Beaver, PA 15009	(724) 494-6750
Mental Health Association in Beaver	105 Brighton Ave., Rochester, PA 15074	(724) 775-4165
Pressley Ridge – Beaver County Office	1008 7th Ave., Suite 101, Beaver Falls, PA 15010	(724) 843-5320
Primary Health Network – Autumn Street Health Center Behavioral Health	99 Autumn St., Aliquippa, PA 15001	(724) 375-5754
Primary Health Network – Beaver Falls Behavioral Health	1302 7th Ave., Beaver Falls, PA 15010	(724) 843-0314
UPMC Western Behavioral Health – Beaver Crisis Services (24/7)	1020 8th Ave., Suite 136, Beaver Falls, PA 15010	1-800-400-6180
Western Pennsylvania Psych Care	1607 3rd St., Beaver, PA 15009	(724) 728-8411

SECTION 4 — MENTAL HEALTH RESOURCES FOR FIRST RESPONDERS

Resources in this section are specifically designed for or available to first responders — including law enforcement, firefighters, EMS, dispatchers, and their families. All national crisis lines in Section 1 are also available to first responders.

First responders face unique mental health challenges including occupational trauma, PTSD, and burnout. Reaching out for support is a sign of strength.

4A — Ohio First Responder Resources (Columbiana, Mahoning, Trumbull & Guernsey Counties)

PROVIDER / ORGANIZATION NAME	ADDRESS	PHONE NUMBER
Clarence R. Smith Jr. Family Mahoning Valley First Responder Wellness Center (Open to active & retired first responders from Mahoning, Trumbull & Columbiana Counties – fire, police, EMS, dispatch)	Boardman, OH (central Boardman Township)	(330) 286-0050 (contact Boardman Township for scheduling)
Ohio Department of Behavioral Health – First Responder Resources (Statewide support, training, and referrals)	dbh.ohio.gov/community-partners/first-responders	1-800-686-1526 (Ohio DBH)
OAPFF Peer Support Team – Ohio Assoc. of Professional Fire Fighters (Peer support for active & retired firefighters; trained in crisis intervention & community resource networking)	firefightermentalhealth.org	Contact via website
Columbiana County Mental Health & Recovery Services Board (CCMHR SB)	27 Vista Dr., Lisbon, OH 44432	(330) 424-0195
Mahoning County Mental Health & Recovery Board (MCMHRB)	Youngstown, OH	(330) 480-5040
Trumbull County Mental Health & Recovery Board	4076 Youngstown Rd. SE, Suite 201, Warren, OH 44484	(330) 675-2765
Guernsey County Mental Health & Recovery Board	909 Wheeling Ave., Cambridge, OH 43725	(740) 439-9300

4B — Western Pennsylvania First Responder Resources (Lawrence & Beaver Counties)

PROVIDER / ORGANIZATION NAME	ADDRESS	PHONE NUMBER
PA First Responder Peer Support Hotline – Lenape Foundation (Confidential; printed on all PA EMS Certification Cards)	Statewide – Pennsylvania	1-267-893-5400 (24/7)
UPMC Western Behavioral Health – Beaver Crisis Services (24/7 phone, walk-in, and mobile crisis response for Beaver County first responders and residents)	1020 8th Ave., Suite 136, Beaver Falls, PA 15010	1-800-400-6180 (24/7)
Human Services Center – Lawrence County Crisis Line	130 West North St., New Castle, PA 16101	Crisis: (724) 652-9000
UPMC Western Psychiatric Hospital – resolve Crisis Services (Free, 24/7 crisis line; walk-in clinic available)	3811 O'Hara St., Pittsburgh, PA 15213	1-888-796-8226 (24/7)
PA Drug/Alcohol Treatment Hotline (PA Dept. of Drug & Alcohol Programs)	Statewide – Pennsylvania	1-800-662-4357 (24/7)

4C — National First Responder Resources

RESOURCE	HOW TO REACH
Safe Call Now (24/7 – All public safety employees & families)	1-206-459-3020 safecallnow.org
PA First Responder Peer Support Hotline – Lenape Foundation	1-267-893-5400 (24/7, confidential)
ICISF Emergency Hotline (Critical Incident Stress Management teams)	1-410-313-2473 (24/7)
Crisis Text Line – First Responder Specific	Text FRONTLINE to 741741
Responder Strong – First Responder Wellness Platform	responderstrong.com (personalized wellness resources)
OAPFF Peer Support (Ohio Firefighters – active & retired)	firefightermentalhealth.org
Ohio DBH First Responder Support & Training	dbh.ohio.gov/community-partners/first-responders

About This Directory

This resource directory was compiled for participants in the East Palestine Health Research Program and surrounding communities. Provider information is subject to change — please contact providers directly to verify hours, services, insurance accepted, and availability.

This document is intended for informational purposes only and does not constitute a referral or endorsement of any provider. If you are in immediate danger, call 911.

This document was prepared to meet ADA accessibility standards and WCAG 2.1 AA guidelines, including accessible heading structure, sufficient color contrast, and readable font sizes.